

Reglement and categories 2018

							KUMITE EQUIPMENT								
							FACE MASK	BODY PROTECTOR	MITT	FOOT PROTECTOR	SHIN GUARD	GUMSHIELD	FEMALE CHEST PROTECT	MALE GROIN PROTECTO	
CATEGORIES	WEIGHT/ROULES KATA	AGE	STARTERS	DOUBLESTART	BUNKAI										
MINIMES U14	female Kumite	-40/-50/+50	11+12+13	3	no		no	yes	yes	yes	yes	yes	yes	yes	/
	male Kumite	-40/-50/+50	11+12+13	3	no		no	yes	yes	yes	yes	yes	yes	yes	/
	female Kata	only Wado Katas	11+12+13	3	no										/
	male Kata	only Wado Katas	11+12+13	3	no										/
	female Team Kata	only Wado Katas	11+12+13	1	no	no									/
	male Team Kata	only Wado Katas	11+12+13	1	no	no									/
CADETS U16	female Kumite	-47/-54/+54	14+15	3	no		no	yes	yes	yes	yes	yes	yes	yes	/
	male Kumite	-52/-57/-63/+63	14+15	3	no		no	yes	yes	yes	yes	yes	yes	yes	/
	female Kata	only Wado Katas	14+15	3	no										/
	male Kata	only Wado Katas	14+15	3	no										/
	female Team Kata	only Wado Katas	14+15	1	no	no									/
	male Team Kata	only Wado Katas	14+15	1	no	no									/
JUNIORS U18	female Kumite	-53/-59/+59	16+17	2	no		no	yes	yes	yes	yes	yes	yes	yes	/
	male Kumite	-61/-68/-76/+76	16+17	2	no		no	yes	yes	yes	yes	yes	yes	yes	/
	female Kata	only Wado Katas	16+17	2	yes in Sen 18+										/
	male Kata	only Wado Katas	16+17	2	yes in Sen 18+										/
	female Team Kumite	3+1 reserve	16+17	1	no		no	yes	yes	yes	yes	yes	yes	yes	/
	male Team Kumite	3+1 reserve	16+17	1	no		no	yes	yes	yes	yes	yes	yes	yes	/
U21	female Kumite	-53/-60/+60	18-20	2	yes in Sen 18+		no	yes	yes	yes	yes	yes	yes	yes	/
	male Kumite	-68/-78/+78	18-20	2	yes in Sen 18+		no	yes	yes	yes	yes	yes	yes	yes	/
	female Kata	only Wado Katas	18-20	2	yes in Sen 18+										/
	male Kata	only Wado Katas	18-20	2	yes in Sen 18+										/
SENIORS +18	female Kumite	-55/-61/-68/+68	18+	2	no		no	yes	yes	yes	yes	yes	yes	yes	/
	male Kumite	-60/-67/-75/-84/+84	18+	2	no		no	yes	yes	yes	yes	yes	yes	yes	/
	female Kata	only Wado Katas	16+	3	no										/
	male Kata	only Wado Katas	16+	3	no										/
	female Team Kata	only Wado Katas	16+	1	no	for 1. 2.+3.place									/
	male Team Kata	only Wado Katas	16+	1	no	for 1. 2.+3.place									/
	female Team Kumite	3+1 reserve	18+	1	no		no	yes	yes	yes	yes	yes	yes	yes	/
	male Team Kumite	5+2 reserve	18+	1	no		no	yes	yes	yes	yes	yes	yes	yes	/
36+	female Kata	only Wado Katas	36+	2	no										/
	male Kata	only Wado Katas	36+	2	no										/

Kata team upgrade possible for 1 person from category below:

This means 1 person aged 11,12 or 13 can be in a team U16

This means 1 person aged 14 or 15 can be in a team seniors +18

KATA TO PERFORM:

EACH ROUND ANOTHER KATA HAS TO BE PERFORMED!

1 PINAN SHODAN The number of Kata required is dependent on the number of individual competitors or teams entered as shown in the following table.

2 PINAN NIDAN

3 PINAN SANDAN

4 PINAN YODAN

5 PINAN GODAN

6 NAIHANSHI

7 KUSHANKU

8 SEISHAN

9 CHINTO

10 WANSHU

11 ROHAI

12 NISEISHI

13 BASSAI

14 JION

15 JITTE

Competitors or Teams	Kata Required
65-128	7
33-64	6
17-32	5
9-16	4
5-8	3
4	2

EXCEPTION: CATEGORY U14: MAXIMUM 5 KATA HAVE TO BE PERFORMED.

A competitor can repeat a kata after having shown 5 kata.