

# Ireland Wadokai Karate-Do Renmei

アイランド和道会空手道連盟



**Irish**  
**International Karate**  
**Championships Saturday**  
**9<sup>th</sup> April 2016**

**THE  
IRISH SPORTS  
COUNCIL**



AN CHOMHAIRLE SPÓIRT



Further details for this event can be found at  
[www.irelandwadokai.ie](http://www.irelandwadokai.ie)

**Individual Kata Events**  
**Female**

**Individual Kata Events**  
**Male**

K1	U8 (6-7 years)	All Grades	K14	U8 (6-7 years)	All Grades
K2	U11 (8-10 years)	White - Orange	K15	U11 (8-10 years)	White - Orange
K3	U11 (8-10 years)	Green - Purple	K16	U11 (8-10 years)	Green - Purple
K4	U15 (11-14 years)	White - Orange	K17	U15 (11-14 years)	White - Orange
K5	U15 (11-14 years)	Green - Purple	K18	U15 (11-14 years)	Green - Purple
K6	U15 (8 - 14 years)	Brown - Black	K19	U15 (8 - 14 years)	Brown - Black
K7	Cadet (15 - 17 years)	White - Orange	K20	Cadet (15 - 17 years)	White - Orange
K8	Cadet (15 - 17 years)	Green - Purple	K21	Cadet (15 - 17 years)	Green - Purple
K9	Cadet (15 - 17 years)	Brown - Black	K22	Cadet (15 - 17 years)	Brown - Black
K10	Senior (Over 18)	White - Orange	K23	Senior (Over 18)	White - Orange
K11	Senior (Over 18)	Green - Purple	K24	Senior (Over 18)	Green - Purple
K12	Senior (Over 18)	Brown - Black	K25	Senior (Over 18)	Brown - Black
K13	Male & Female (+35)	White - Purple	K26	Male & Female (+35)	Brown - Black

**Notes for Individual Kata Events:**

- Competitors are ONLY allowed to compete in their own age group and belt category.
- Competitors in the White - Orange belt sections need only perform any one kata.
- Competitors in the Green - Purple belt sections must alternate between any two kata.
- Competitors in the brown - black belt sections must alternate between any three kata.

**Team Kata Events**

T1	U15 Team Kata	All Grades
T2	Cadet & Senior	Team Kata

**Notes on Team Kata**

- Male and female competitors can compete in the same team.
- Bunkai is not a requirement.
- U15 teams may perform just one kata.
- Cadet & Senior teams should alternate between two kata.
- At least two competitors on a team must be in the correct age. One younger person may be included on a team.

**Individual Kumite Events  
Girls**

Female Kumite	Grades	Height
F1 U8 (6 - 7 years)	All Grades	
F2 U10 (8 - 9 years)	All Grades	-4'
F3 U10 (8 - 9 years)	All Grades	+4'
F4 U12 (10 - 11 years)	All Grades	-4'8"
F5 U12 (10 - 11 years)	All Grades	+4'8"
F6 U15 (12 - 14 years)	White-Purple	-5'4"
F7 U15 (12 - 14 years)	White-Purple	+5'4"
F8 U15 (12 - 14 years)	Brown-Black	-5'4"
F9 U15 (12 - 14 years)	Brown-Black	+5'4"

**Individual Kumite Events  
Boys**

Male Kumite	Grades	Height
M1 U8 (6 - 7 years)	All Grades	
M2 U10 (8 - 9 years)	All Grades	-4'
M3 U10 (8 - 9 years)	All Grades	+4'
F4 U12 (10 - 11 years)	All Grades	-4'8"
F5 U12 (10 - 11 years)	All Grades	+4'8"
F6 U15 (12 - 14 years)	White-Purple	-5'4"
F7 U15 (12 - 14 years)	White-Purple	+5'4"
F8 U15 (12 - 14 years)	Brown-Black	-5'4"
F9 U15 (12 - 14 years)	Brown-Black	+5'4"

**Individual Kumite Events  
Female Cadets**

Female Kumite Weight	Grades	Weight
F10 (15 - 17 years)	White-Purple	-60 Kg
F11 (15 - 17 years)	White-Purple	+60 Kg
F12 (15 - 17 years)	Brown-Black	-60 Kg
F13 (15 - 17 years)	Brown-Black	+60 Kg

**Individual Kumite Events  
Male Cadets**

Male Kumite	Grades	Weight
M10 (15 - 17 years)	White-Purple	-65 Kg
M11 (15 - 17 years)	White-Purple	+65 Kg
M12 (15 - 17 years)	Brown-Black	-65 Kg
M13 (15 - 17 years)	Brown-Black	+65 Kg

**Individual Kumite Events  
Female Seniors**

Female Kumite Weight	Grades	Weight
F14 Senior (Over 18)	White-Purple	-68 Kg
F15 Senior (Over 18)	White-Purple	+68 Kg
F16 Senior (Over 18)	Brown-Black	-68 Kg
F17 Senior (Over 18)	Brown-Black	+68 Kg
F18 Senior (Over 35)	Open Grades & Weight	

**Individual Kumite Events  
Male Seniors**

Male Kumite	Grades	Weight
M14 Senior (Over 18)	White-Purple	-75 Kg
M15 Senior (Over 18)	White-Purple	+75 Kg
M16 Senior (Over 18)	Brown-Black	-75 Kg
M17 Senior (Over 18)	Brown-Black	+75 Kg
M18 Senior (Over 35)	Open Grades & Weight	

**Senior International Team Kumite Event**

C1 Female	(Team of 3)	C2 Male	(Team of 3)
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**Venue:**

Ardee Community School, Curraghbeg, John St., Ardee, Co. Louth.

**Accommodation:** Details available at: [www.irelandwadokai.ie](http://www.irelandwadokai.ie)

**Prizes given to:**

- 1<sup>st</sup>, 2<sup>nd</sup> and joint 3<sup>rd</sup> in all kumite individual events
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in all kata individual events
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in team events

**Entry Fees:**

Competitors must be pre-entered. The entry form is available on our website.

Closing date for entries is Saturday 2<sup>nd</sup> April 2016. Entry fees are:

- individual kata €12 (£10)
- individual kumite €12 (£10)
- team kata €30 (£30)
- coach licence €10 (£10)

**Rules:**

W.K.F. rules will apply. Ireland Wado Kai Karate-Do Renmei reserves the right to alter the list of events and/or the rules of this competition without notice. Competition officials will not amend incorrect entries and may amalgamate categories if entries are deemed to be too low. Contestants entered in the wrong category will be disqualified.

**Chief Referee:**

Andy Simpson, WKF European Referee (Scotland), will be chief referee.

**Referees:**

Clubs are asked to provide referees and/or judges. All referees and judges must be qualified and insured.

**Protective Equipment:**

All over 12's must wear protective equipment as in WKF rules. There can be exceptions made for smaller children.

**Belts and Mitts:**

Competitors must bring their own red and blue belts and their own red and blue mitts.

**License & Insurance:**

All competitors must produce a valid karate license and insurance when registering.

**Contact Details:**

Contact Sensei Tommy Marrett with any queries:

[karateireland@gmail.com](mailto:karateireland@gmail.com)

+353 876478060

+353 416853195

**Registration:**

Registration 9am.

Referee meeting 9.20am.

Coaches meeting 9.45am.

Events start at 10am **sharp**.

**Shop:**

Hot and cold food and drinks will be available throughout the day.

